Full Stack Mobile Application Development with React Native and Node.js

Duration: 10 days

Prerequisites: Knowledge of APIs, JavaScript and React JS

Day 1: Introduction to Node.js & Express – REST API Fundamentals

• Theory (2.5 hrs)

- What is Node.js? Use cases in mobile backend
- Node.js architecture (event loop, async I/O)
- Introduction to Express.js
- RESTful concepts (resources, verbs, status codes)
- Project structure and best practices

• Hands-on (5.5 hrs)

- Initialize project, install Express
- Create REST API with GET, POST routes
- Use nodemon for hot-reloading
- Test APIs using Postman
- Organize routes with Express Router

Day 2: Express Routing, Middleware & Stateless Authentication

• Theory (3.0 hrs)

- Express Router in-depth
- Custom middleware functions
- HTTP lifecycle in Express
- Introduction to input validation

Hands-on (5.0 hrs)

- Modularize /users, /auth routes
- Add custom middleware (logger, validator)
- Handle JSON and form data
- Create simple login/register flow (no DB yet)

Day 3: MongoDB Integration & JWT Authentication

• Theory (3.0 hrs)

- NoSQL basics and MongoDB Atlas overview
- Introduction to Mongoose (schema, model)
- JWT authentication, hashing with bcrypt
- CORS, Helmet, and security best practices

• Hands-on (5.0 hrs)

- Connect to MongoDB
- Create User schema with Mongoose
- Build full login/register API with hashed passwords
- Implement JWT token generation and verification
- Secure private routes using token middleware

Day 4: Mobile API Features & Backend Deployment

- Theory (2.5 hrs)
 - Structuring scalable APIs for mobile
 - Filtering, pagination, and sorting
 - Deployment platforms: Render, Railway, Vercel
 - Managing environment variables
- Hands-on (5.5 hrs)
 - Add filtered /tasks endpoint with pagination
 - Use .env for secrets
 - Deploy backend using Render with GitHub integration
 - Final backend mini project: secure CRUD task manager

Day 5: Firebase for Cloud Integration

- Theory (3.0 hrs)
 - Firebase overview (Auth, Firestore, Storage, Functions)
 - Firebase vs traditional backend
 - Emulator suite, pricing, and best use cases
- Hands-on (5.0 hrs)
 - Initialize Firebase project
 - Implement Auth with email/password
 - CRUD in Firestore with snapshot listeners
 - Upload/download files with Firebase Storage
 - Deploy a simple Cloud Function (Node.js)

Day 6: React Native - Setup & Fundamentals

- Theory (3.0 hrs)
 - Introduction to React Native (Expo & CLI)
 - JSX, components, styles
 - Flexbox layout, ScrollView, SafeAreaView
- Hands-on (5.0 hrs)
 - Setup development environment (Expo or CLI)
 - Build a simple mobile UI with View, Text, Image
 - Implement layouts using Flexbox and ScrollView
 - Navigation between static screens using Stack Navigator

Day 7: Navigation & State Management in React Native

- Theory (2.5 hrs)
 - React Navigation: stack, tab, drawer
 - State: useState, useEffect, Context API
 - Props vs state, lifting state up
- Hands-on (5.5 hrs)
 - Implement a login flow with navigation guard

- Use Context API for auth and global state
- Build reusable UI components
- Persist login session with AsyncStorage

Day 8: Performance Optimization & Memory Management

• Theory (2.5 hrs)

- Optimizing FlatList, avoiding re-renders
- Memoization: useMemo, useCallback
- Flipper, Hermes, and profiling tools

Hands-on (5.5 hrs)

- Optimize rendering of dynamic lists
- Implement FastImage for caching
- Profile app memory and CPU
- Compare Hermes-enabled and default builds

Day 9: Animations, Gestures & Device Feature Access

• Theory (2.5 hrs)

- Reanimated 2 & Gesture Handler overview
- Accessing native APIs: Camera, GPS, Biometrics, Sensors
- Permission handling (iOS/Android)

• Hands-on (5.5 hrs)

- Create animated swipe card UI
- Use react-native-geolocation and maps
- Implement fingerprint login with keychain
- Use image-picker and sensors for motion tracking
- Setup background task using background-fetch

Day 10: Real-time Features, Push Notifications & CI/CD

• Theory (3.0 hrs)

- Real-time options: WebSocket vs Firebase
- Local & Remote Notifications with FCM
- Secure local storage (tokens, credentials)
- CI/CD: GitHub Actions, CodePush, Fastlane

Hands-on (5.0 hrs)

- Create real-time chat using Firebase or Socket.IO
- Send push notifications from Firebase
- Secure sensitive data using encrypted-storage
- Set up OTA updates and auto builds with GitHub CI