

Getting Started with Excel and Outlook

(2 Hrs. 30 Mins.)

Part 1: Basic Excel – Duration: 2 Hours

Module 1: Getting Started with Excel

- What is Excel?
- Workbook vs Worksheet
- Understanding Rows, Columns, and Cells

Module 2: Basic Data Entry & Formatting

- Typing numbers and text
- Formatting (bold, font size, color)
- Adjusting row height and column width
- Merge and center

Module 3: Basic Formulas

- AutoSum
- Addition, Subtraction, Multiplication, Division
- Using cell references (Relative & Absolute)

Module 4: General Functions

- SUM
- AVERAGE
- MAX and **MIN**
- COUNT

Module 5: Text Functions

- UPPER
- LOWER
- PROPER
- CONCAT
- TRIM

Module 6: Logical Function

- IF statement with simple condition

Module 7: Sorting and Filtering Data

- Sorting (A to Z / Z to A)

- Simple Filters

Module 8: Saving and Printing

- Save vs Save As
- Print Preview

Part 2: Basic Outlook – Duration: 30 Minutes

Module 9: Understanding Outlook

- What is Microsoft Outlook?
- Navigating the Outlook interface

Module 10: Working with Emails

- Composing and sending emails
- Reply, Reply All, and Forward
- Adding attachments

Module 11: Email Organization

- Creating folders
- Moving and deleting emails
- Using Search

Module 12: Calendar Basics

- Creating an appointment or meeting
- Viewing your calendar