

## **Advanced Level Psychology**

**Duration: 8 Hours**

### **Course Overview:**

This course equips participants Deepen knowledge in key psychological domains and apply insights to interpersonal, professional, and organizational contexts.

### **Course Outline:**

#### **Module 1: Perspectives in Psychology**

- What is Psychology
- The Biological Approach
- Behaviourist and Cognitive Approaches
- Person-Centred Approaches
- Debates in Psychology
- Further Study

#### **Module 2: Social Psychology**

- Social Influence: Compliance, Obedience and Conformity
- Social Cognition
- Applied Social Psychology
- Case Study

#### **Module 3: Cognitive Psychology and its Application**

- Perception
- Attention
- Remembering (Memory)
- Forgetting (Memory)
- Language
- Thinking (Cognition)
- Attitudes
- Problem-Solving and Artificial Intelligence

#### **Module 4: Child Development**

- Issues in Child Development
- Cognitive Development
- The Development of Language and Communication
- Social Perception (Interpersonal Perception)
- Moral Development

#### **Module 5: The Psychology of Atypical Behavior**

- The definition and Diagnosis of Atypical (Abnormal) Behaviour
- Treatments of atypical (abnormal) behaviour
- Emotional disorders

## **Module 6: Research Methods**

- Research Methods
- Research Issues
- Data Analysis

## **Module 7: Emotional Intelligence & Regulation**

- Deep dive into emotional intelligence (EQ) frameworks (Goleman, Mayer & Salovey)
- Advanced emotion regulation strategies
- The role of EQ in leadership, coaching, and conflict resolution

## **Module 8: Personality Psychology in Depth**

- Trait theories revisited (Big Five + Dark Triad traits)
- Personality neuroscience (biological underpinnings)
- Personality and decision-making, job fit, leadership style