

DAY 1

Human Factors and Leadership

- Human Factors at Work
- Body, Mind and Work
- The Role of Leaders, Managers and Supervisors
- Responsibilities and Accountabilities
- Motivation and Demotivation at Work
- Communicating the Safety Message
- Case Study

DAY 2

Psychology of Workplace Behavior

- Behavioral Causes at Work
- Motivational Attitudes
- Workplace Stress
- Psychological Aspects of Job Design
- Psychology of Work Groups and Teams
- Principles of Mind Stimulation
- Case Study

DAY 3

Behavior at Work

- Behavioral Safety at Work
- Negative and Positive Dimensions
- Taylor, Herzberg, McGregor and Maslow
- ABC Analysis (*antecedents, behavior and consequences*)
- What drives Behavior?
- Natural Penalties and Consequences
- Case Study

DAY 4

Behavior Creating a Successful Culture

- Behavior and Culture
- Safety Culture and Safety Climate
- The Influence Factors
- Leadership and Culture
- Improving Safety Performance
- Success Factors and Barriers
- Case Study

DAY 5

Implementing and Sustaining Behavioral Change

- Identifying Critical Behaviors
- Managing People and Their Attitude to Safety
- Safety Observations and Improvements
- Introducing a Behavioral Change Programme
- Personal Action Plans
- Sustaining Behavior Improvements
- Course Review