

Course: Information Security Awareness

Duration: 1 Day (4 hours)

Course Overview:

- This course will provide you with the understanding about the most common attacks and risks originating from the internet, and will give practical advice on how to protect yourself.
- The course provides tips for security in remote work and at the office, it provides tips for secure work with your home computer and the office computer. The global pandemic transferred us to work-from-home mode. The two years with this remote mode have shown the need to adapt certain security requirements, and it also makes you as an employee more responsible for the proper security balance between the work and personal activities.

Target Audience:

- This course is intended for office workers, beginners in the professional use of IT systems, internet users for personal needs and anyone curious about security.
- After the lectures you will be able to spot the phishing e-mails and you will be able to avoid disclosing confidential information. Sometimes we think that using one certain IT brand serves as a guarantee against the attacks. Actually, threats are equal both for Mac and Windows computers, as well as both for iOS and Android phones. This course gives advice for security in various environments.

Module 1: Lectures

- Welcome
- Introduction
- Good and bad passwords
- Storing the company data
- Backups
- Social engineering
- Ransomware
- At the office
- Specifics of the remote work
- Use of social networks
- Software on computers and smartphones
- Summary

Module 2: Exam

- Security awareness exam