

# Wearable Technology and Wireless Networks

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# Module 1: Introduction to Wearable Technology

- Overview of wearable technology: history, evolution, and trends

- Wearable communication technologies and standards: Bluetooth, Wi-Fi, cellular, and more

- Wearable technology architecture and design principles: sensors, actuators, microcontrollers, and wireless communication

- Wearable technology components: power management, display, user interface, and software platforms

- Hands-on practical: Building a simple wearable device using Arduino and Bluetooth module.

# Module 2: Wireless Networking for Wearables

- Overview of wireless networking for wearables: challenges, opportunities, and trends

- Wireless networking technologies for wearables: Bluetooth Low Energy (BLE), Zigbee, and Wi-Fi Direct

- Wireless networking protocols and standards for wearables: Bluetooth 5, IEEE 802.15.4, and 6LoWPAN

- Wireless networking design and deployment for wearables: access points, mesh networks, and range extenders

- Hands-on practical: Designing and deploying a wireless network for wearables using BLE and Raspberry Pi.

# Module 3: Wearable Sensors and Data Management

- Overview of wearable sensors: types, characteristics, and applications

- Wearable sensor data acquisition: sampling rates, resolution, and filtering

- Wearable sensor data processing and analysis: feature extraction, pattern recognition, and machine learning

 Wearable data management: data storage, transmission, and visualization
Hands-on practical: Collecting and analyzing wearable sensor data using Arduino.

# Module 4: Wearable Security and Privacy

- Wearable security fundamentals: authentication, encryption, and access control

- Wearable security threats: data breaches, unauthorized access, and physical tampering

- Wearable security protocols and standards: BLE security, NFC pairing, and TLS encryption

- Wearable privacy issues: data ownership, consent, and transparency

- Hands-on practical: Securing a wearable device using BLE security and NFC pairing.



#### Module 5: Wearable Technology and Wireless Network Integration

Overview of wearable technology and its integration with wireless networks
Wearable technology communication protocols: Bluetooth, Zigbee, and Wi-Fi

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- Integration of wearable technology with wireless networks: challenges and opportunities

- Wearable technology applications in healthcare, fitness, and entertainment

- Hands-on practical: Integrating a wearable device with a wireless network and developing a simple application.

#### Module 6: Wearable Sensors and Data Management

- Overview of wearable sensors: types, characteristics, and applications

- Wearable sensor data acquisition: sampling rates, resolution, and filtering

- Wearable sensor data processing and analysis: feature extraction, pattern recognition, and machine learning

- Wearable data management: data storage, transmission, and visualization - Hands-on practical: Collecting and analyzing wearable sensor data using Arduino and MATLAB.

#### Module 7: Wearable Security and Privacy

- Wearable security fundamentals: authentication, encryption, and access control

- Wearable security threats: data breaches, unauthorized access, and physical tampering

- Wearable security protocols and standards: BLE security, NFC pairing, and TLS encryption

- Wearable privacy issues: data ownership, consent, and transparency

- Hands-on practical: Securing a wearable device using BLE security and NFC pairing.

#### Module 8: Wearable Technology and Wireless Network Integration

- Overview of wearable technology and its integration with wireless networks

- Wearable technology communication protocols: Bluetooth, Zigbee, and Wi-Fi Direct

- Integration of wearable technology with wireless networks: challenges and opportunities

- Wearable technology applications in healthcare, fitness, and entertainment

- Hands-on practical: Integrating a wearable device with a wireless network and developing a simple application.